



## Life-Study Fellowship

# Prayer Journal

A Prayer Journal is a tool that can help us in our prayer time. If you want a place to record your prayers and your answers to prayers, Fellowship's Prayer Journal may be just what you need. It will help you stay focused during your prayer time. Acts as a reminder for specific things you want to pray about. Records your prayer requests, And, reminds you of God's answers to your prayers.

Dear Member,

We are delighted to provide you with Fellowship's 7 Day Prayer Journal.

Each day, you can use the Journal to write:

- **What are your concerns?** Before you pray... write down your worries and things that bother you to be added to your prayer.
- **What are your blessings?** Before you pray... remember to thank the Lord for the good things going on in your life. Include these to be added to your prayer. Sometimes our "blessings" can be a solution to our concerns.
- **Your thoughts after your prayer.** After your prayer take a moment to meditate. Listen for an answer. Write down your thoughts.
- Save your Journal to look back and reflect on your notes.

**There are no official rules to follow!** God simply wants to hear from you. He wants to hear what you are thinking; what you need, what you want, the desires of your heart. You can use your Prayer Journal for 7 consecutive days to start on any day of the week you want or just use it when you want. It does not have to be consecutive days.

Once the Journal is filled you can print out another blank Journal and start over again.

The Prayer Journal highlights common prayer needs:

1. Health
2. Prosperity
3. Family
4. Love & Friendship
5. Faith
6. Golden Year
7. Personal Wish
8. Optional Journal entry -- Use this for your own special need or to substitute for one of the previous days.



We have included a Write Back sheet. We'd be so happy if you would share something good that happened using your Prayer Journal! We randomly select a few to share with our Fellowship Family.

Your Friends in Fellowship

**Life-Study Fellowship's Prayer Journal**

**1st Day:**

DATE: \_\_\_\_\_

**Health**

Dear Lord, Guide us to take proper care of our health, exercising and eating wisely. If we do need medical help, lead us to the doctors who'll help us get better. I pray for health blessings for myself and my prayer friends today!  
~Amen.

*"And the LORD will take away from thee all sickness..."*  
Deuteronomy 7:15

What are your concerns? \_\_\_\_\_

What are your blessings? \_\_\_\_\_

Your thoughts after your Prayer \_\_\_\_\_

**2nd Day:**

DATE: \_\_\_\_\_

**Prosperity**

Dear Lord, teach me to handle my money wisely. Your world has many wonderful things to enjoy, Lord, so guide me on the path to prosperity and let me enjoy them! ~Amen.

*"And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus..."*  
Philippians 4:19

What are your concerns? \_\_\_\_\_

What are your blessings? \_\_\_\_\_

Your thoughts after your Prayer \_\_\_\_\_

**Life-Study Fellowship's Prayer Journal**

**3rd Day:**  
DATE: \_\_\_\_\_

**Family**

Dear Lord, Let my Loved Ones come together in affection and understanding. Grant us to grow in trust together so that any problems can be worked out by faith and prayer! ~Amen.

*"Bear with one another and, if one has a complaint against another, forgive each other; as the Lord has forgiven you, so you also must forgive."*  
Colossian 3:13

What are your concerns? \_\_\_\_\_

What are your blessings? \_\_\_\_\_

Your thoughts after your Prayer \_\_\_\_\_

**4th Day:**  
DATE: \_\_\_\_\_

**Love And Friendship**

And now, Lord, I want to ask You to bless me with greater LOVE AND FRIENDSHIP every day. Loneliness is hard to live with, while Dear Ones can bring warmth, pleasure and affection to everyday living! ~Amen.

*"Behold, how good and pleasant it is when brothers dwell in unity!"*  
Psalms 133:1

What are your concerns? \_\_\_\_\_

What are your blessings? \_\_\_\_\_

Your thoughts after your Prayer \_\_\_\_\_

**Life-Study Fellowship's Prayer Journal**

**5<sup>th</sup> Day:**  
DATE: \_\_\_\_\_

**Faith**

Dear Lord, I pray that my Faith will always be as strong as it is today. Let me feel Your presence ever near, ever loving. Grant that I may always do my best and rely on Your wisdom to guide me wisely in all I do. ~Amen

*"It is the LORD who goes before you. He will be with you; He will not leave you or forsake you. Do not fear or be dismayed."*  
Deuteronomy 31:8

What are your concerns? \_\_\_\_\_

What are your blessings? \_\_\_\_\_

Your thoughts after your Prayer \_\_\_\_\_

**6<sup>th</sup> Day:**  
DATE: \_\_\_\_\_

**Golden Years**

Please, Lord, may I be blessed with health and happiness as I grow older. May I be surrounded by those I love and who love me. May I have enough to get by on and live peacefully. And, O Lord, bless me to trust in You then as I do now! ~Amen.

*"Even to your old age I am He, and to gray hairs I will carry you. I have made, and I will bear; I will carry and will save."*  
Isaiah 46:4

What are your concerns? \_\_\_\_\_

What are your blessings? \_\_\_\_\_

Your thoughts after your Prayer \_\_\_\_\_

**Life-Study Fellowship's Prayer Journal**

**7<sup>th</sup> Day:**  
DATE: \_\_\_\_\_

**Personal Wish**

Dear Lord, I want to ask for Your blessing of A PERSONAL WISH. It is a dream I have had for a long time, and if it could be granted I would be so happy. Only You know what would be right for me, Lord, and I leave my personal wish in Your loving Hands! ~Amen

*"If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you."* John 15:7  
Deuteronomy 31:8

What are your concerns? \_\_\_\_\_

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What are your blessings? \_\_\_\_\_

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Your thoughts after your Prayer \_\_\_\_\_

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**O**ptional Day:  
DATE: \_\_\_\_\_

**Your Special Needs**

Use this for your own special need or to substitute for one of the pervious days.

Dear Lord, please give me guidance for my special needs. ~Amen

*"I sought the LORD, and he answered me and delivered me from all my fears... Those who look to him are radiant, and their faces shall never be ashamed."*  
Isaiah 46:4

What are your concerns? \_\_\_\_\_

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What are your blessings? \_\_\_\_\_

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Your thoughts after your Prayer \_\_\_\_\_

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