

# Life-Study Fellowship Blessings From the Bible

## Summer Series 3 of 4 — We bring you Psalm 143

*"Hear my prayer, O Lord, give ear to my supplications: in thy faithfulness answer me, and in thy righteousness."* ~Psalm 143: 1 (KJV)

### Welcome to the 3rd Edition of Blessing From the Bible, featuring Psalm 143:7-8.

In these verses, David cries out to God in deep distress, seeking immediate help and guidance. He expresses his desire to live according to God's will and his trust in God's goodness to lead him. This prayer is both a plea for rescue and a declaration of faith in God's ability to protect and restore him.

We pray that this Bible verse brings you comfort and strength during your time of need.

#### Psalm 143 (KJV):

7. Hear me speedily, O Lord: my spirit faileth: hide not thy face from me, lest I be like unto them that go down into the pit.
8. Cause me to hear thy loving kindness in the morning; for in thee do I trust: cause me to know the way wherein I should walk; for I lift up my soul unto thee.
9. Deliver me, O Lord, from mine enemies: I flee unto thee to hide me.
10. Teach me to do thy will; for thou art my God: thy spirit is good; lead me into the land of uprightness.
11. Quicken me, O Lord, for thy name's sake: for thy righteousness' sake bring my soul out of trouble. And of thy mercy cut off mine enemies, and destroy all them that afflict my soul: for I am thy servant.

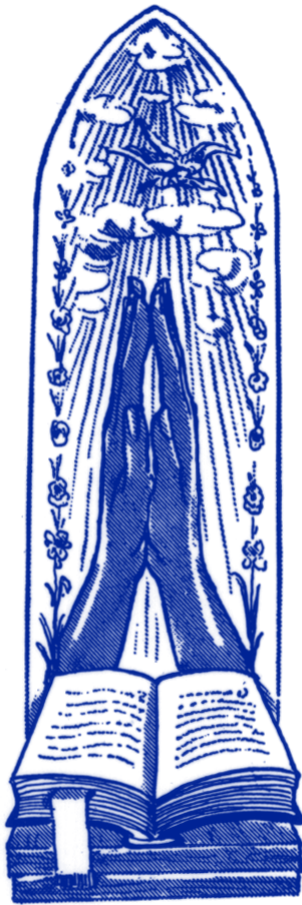
#### Psalm 143 — Hear My Prayer O Lord

Psalm 143 is a powerful passage that resonates with anyone who feels overwhelmed by life's challenges, struggling with fear, confusion, or despair. In these verses, King David, a man after God's own heart, cries out to God in a moment of deep distress. His words are a profound expression of human vulnerability, but they also demonstrate an unwavering trust in God's ability to provide guidance, comfort, and deliverance.

Imagine someone who feels like they are surrounded by darkness, with no clear path forward. They may be dealing with personal trials, such as loss, failure, or uncertainty about the future. In such a moment, Psalm 143 can serve as a beacon of hope and a roadmap for navigating through the storm.

David begins by acknowledging his need for God's mercy: *"Hear my prayer, O Lord, give ear to my supplications! In Your*

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**A Blessing Inspired by Psalm 143:**

*May the Lord hear your prayers and answer you in His faithfulness. When you feel overwhelmed, may He lift you from darkness and guide you with His loving-kindness. May He be your refuge, delivering you from all harm, and lead you on the path of righteousness. In His mercy, may He revive your soul and grant you peace. ~Amen.*

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*faithfulness answer me, and in Your righteousness.*" He knows that only God's faithfulness and righteousness can bring the help he desperately needs. This can encourage someone to turn to God when they feel their own strength and resources are insufficient.

As David continues, he pours out his heart, expressing the weight of his troubles: *"For the enemy has persecuted my soul; he has crushed my life to the ground; he has made me dwell in darkness, like those who have long been dead."* This vivid imagery captures the suffocating feeling of being overwhelmed by adversity. Yet, instead of succumbing to despair, David reminds himself—and us—that God is still in control.

David shifts his focus to God's past faithfulness recalling how God has delivered him in the past helps David to regain a sense of hope. For anyone struggling, this can be a crucial step—remembering that God has been faithful before and will be again.

David's plea for guidance is deeply relatable: *"Teach me to do Your will, for*

*You are my God; Your Spirit is good. Lead me in the land of uprightness."* He doesn't just ask for deliverance; he seeks to align his life with God's will. This demonstrates a desire for more than just a temporary fix; it's a pursuit of a deeper relationship with God and a life that reflects His goodness.

Finally, David's prayer ends with a declaration of faith: *"For Your name's sake, O Lord, preserve my life; in Your righteousness, bring my soul out of trouble."* Even as he asks for rescue, David's confidence in God's righteousness and ability to protect him shines through. This shows that even in our darkest moments, we can trust that God is working for our good, often in ways we cannot yet see.

Psalm 143 offers a model for how to respond to life's difficulties. It encourages turning to God in honesty and vulnerability, remembering His past faithfulness, seeking His guidance, and trusting in His righteousness to deliver us. Through this, the psalm assures us that no matter how deep the darkness, God's light will lead us through.